



WHAT IS STRESS?

Stress can be defined as a biological or psychological response to new or threatening circumstances.

Stressors include extreme weather, travel, exercise, exposure to disease and even simple diet changes – all of which can impact your horse. Stress can be acute (short term) or chronic (long term). Acute stress can be beneficial as in the effect of exercise; however, chronic stress or the combination of stressors can have undesirable impacts on your horse.

STRESS AND CORTISOL CONNECTION

Under stress, your horse's adrenal gland releases cortisol – a stress hormone. Cortisol re-directs nutrients to be used as part of the fight or flight response. In short term situations (e.g. exercise), this can be beneficial. However, when exposed to chronic, repeated or layered stressors, elevated cortisol levels have a detrimental impact on your horse. The resulting redirection of energy can inhibit the immune system and reduce physical performance.

CHROMIUM AND CORTISOL

Stress and cortisol have a tremendous impact on the health and performance of the horse.¹ Feeding chromium has been shown to reduce cortisol levels in horses, swine and poultry^{2,3,4} resulting in improved body upkeep, health, performance and overall wellbeing.

EFFECTS OF CHRONIC STRESS AND INCREASED CORTISOL LEVELS¹

- ✗ Aggressive behavior
- ✗ Decreased growth
- ✗ Impaired reproductive capacity
- ✗ Inhibition of the immune system
- ✗ Increased risk of gastric ulcers, colic and diarrhea
- ✗ Reduced performance

Chromium may reduce the negative impacts of stress and optimize energy use.

KemTRACE[®] Chromium

25% REDUCTION IN PLASMA CORTISOL WHEN FEEDING CHROMIUM²



Learn more about how KemTRACE Chromium can help your horse at kemin.com/chromiumeq.

1-800-752-2864

REFERENCES

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